

**NEW HAMPSHIRE  
WEST ROCKINGHAM  
AMATEUR RADIO EMERGENCY SERVICE**

**Basic Emergency Communication Practices**

- Listen
- Stay focused
- Avoid unnecessary transmissions
- Maintain a clear, calm voice
- Talk across the FACE of the microphone, not into the microphone
- Avoid using VOX
- Communication should be clear and concise
- Say exactly what you mean & communicate one subject at a time
- Transmit facts
- Do not editorialize, provide commentary, argue or criticize
- No socializing on an emergency net
- Use plain language
- Use standard ITU phonetics & Pro-words
- Avoid using Q-signals or 10-codes in all communications
- Use local time, use 24-hour time format
- Use tactical call signs when provided
- Transmit messages exactly as provided by the sender
- Stay alert -- take breaks when needed
- Always know your location
- Never transmit personal information or information that would identify individuals
- Read every message before transmitting it. If you have questions about what is being communicated get clarification from the originating party.
- Remember proper Station Identification